

5-MINUTE DEVOTIONAL & PRAYER PACK



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5-MINUTE DEVOTIONAL HOW TO KNOW GOD IS LISTENING

Read Psalm 116

"I love the Lord, because he has heard my voice and my pleas for mercy."

Psalm 116:1

1. The Right Relationship

As you read through Psalm 116, what is the relationship between the author and God?

Examine your own relationship with God. If you are struggling to believe God hears you, do you have sin in your life? Enter again into a right relationship with Him by confessing your sin. Ask the Lord to renew a right spirit inside you. See also Psalm 139:23-24.

2. Remember the Past

What past actions does the author attribute to God? See Psalm 116:2-4.

What things has God done for you in the past?

Remembering God's previous help allows us to rest in knowing He will indeed help us again!

3. Reflect on God's Character & Actions

How does the author describe God? See Psalm 116:5-7.

How does God respond to the author's cries for help? See Psalm 116:8-11.

When our hearts are struggling to feel heard by those around us, may we remember who our God is! Our God is righteous, merciful, and gracious. His character is the greatest comfort when we feel alone and no one hears us.

4. Our Response to God

What response does the author have, knowing God heard him? See Psalm 116:12-14; 17-19.

As you close today's devotional, pray a prayer acknowledging God's character, response, and giving Him thanks for answered prayer. The right response to God is thanksgiving and praise!

Oh Lord, I lift my burdens to you, knowing you hear my cry. You are always listening, and I take great comfort in knowing you will not only listen, but respond. I give you praise for your loving kindnesses and mercy towards me! Amen.



5-MINUTE DEVOTIONAL

Six Ways the Holy Spirit Prays for Us



Read Romans 8:26-39

...in a _____ we don't own.

(verse 26a....Likewise the Spirit helps us in our weakness....)

...with _____ we lack.

(verse 26b....or we do not know what to pray for as we ought, but the Spirit....)

...in _____ we could never fathom.

(verse 33....who shall bring any charge against God's elect? It is God who justifies.)

...with a _____ we don't possess.

(verses 35....Who shall separate us from the love of Christ?....)

...in _____ unimaginable.

(verse 37...No, in all things we are more than conquerors through him who loved us.)

...with _____ we can't muster up.

(verses 39b...Who shall separate us from the love of Christ?...nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.)

How does the Person of the Holy Spirit work in our prayer life?

How can remembering these aspects of His work strengthen your prayer life?

Spend time in prayer today, knowing the POWER the Holy Spirit brings to your prayers!

5-MINUTE DEVOTIONAL

How to Live as Confident Christians in Our Prayer Life

"THEREFORE, BROTHERS, SINCE WE HAVE CONFIDENCE TO ENTER THE HOLY PLACES BY THE BLOOD OF JESUS, BY THE NEW AND LIVING WAY THAT HE OPENED FOR US THROUGH THE CURTAIN, THAT IS, THROUGH HIS FLESH, AND SINCE WE HAVE A GREAT PRIEST OVER THE HOUSE OF GOD, LET US DRAW NEAR WITH A TRUE HEART IN FULL ASSURANCE OF FAITH, WITH OUR HEARTS SPRINKLED CLEAN FROM AN EVIL CONSCIENCE AND OUR BODIES WASHED WITH PURE WATER. LET US HOLD FAST THE CONFESSION OF OUR HOPE WITHOUT WAVERING, FOR HE WHO PROMISED IS FAITHFUL."

HEBREWS 10:19-22

1. The Blood of _____ (...since we have confidence to enter the holy places by the blood of Jesus...) Jesus' death on the cross did more than pay for our sins. It did even more than allow us to enter heaven. It did more than allow us eternal life. It did MORE! It allows us to pray with *confidence*. The curtain which separate us from a Holy God is torn in two! We can pray with confidence because Jesus' blood grants us access!

The Priesthood of _____ (...since we have a great priest over the house of God, let us draw near with a true heart in full assurance of faith...) If you read Hebrews you will see a beautiful picture of Jesus' priesthood. It begins in Hebrews 4:14-5:14 and continues in Hebrews 7:1-8:13. Jesus is our High Priest, the perfect High Priest. We see He is perfect in that He doesn't need to ask forgiveness for Himself first. He is also eternal, always interceding before the Father for us. No matter the hour of need, we can pray.

The Faithfulness of _____ (...since he who promised is faithful...) We don't have to wonder if our mistake keep us from praying to God. They don't. Christ paid the price for our sin, but Jesus is also faithful to keep on forgiving us when we sin again.

We can be assured not only of our salvation, but of Jesus' intercession for us. We believe a promise when we believe the person who promised it. God is Faithful, so we know what He promises is true!

1. WHY DO YOU HESITATE TO PRAY TO GOD? IS IT A SIN IN YOUR LIFE? CONFESS IT!

2. HOW CAN YOU APPROACH GOD'S THRONE WITH MORE BOLDNESS?

3. WHAT IS THE DIFFERENCE BETWEEN CONFIDENCE AND ARROGANCE?

4. HOW CAN YOU PRAY WITH CONFIDENCE?

5-MINUTE DEVOTIONAL

5 Prayers to Pray Over Bible Study

Read Proverbs 3



Let not steadfast love and faithfulness forsake you; bind them around your neck; write them on the tablet of your heart.

Who is the author of Proverbs? & Who is the author speaking to in Proverbs 3?

What commands does the author give in Proverbs 3?

How does the author compare the "righteous" or those who do right with those who are "wicked" and do not do right according Proverbs 3?

How does wisdom benefit those who listen to her based on Proverbs 3?

~ 5 PRAYERS TO PRAY OVER BIBLE STUDY ~

1. Dear God, I praise your word. I give you honor and glory for all you have written. With words you created all of heaven and earth. How awesome, perfect, and wonderful are all of your ways. Above all, you are seated on your throne, to reign in steadfast love and mercy. (Psalm 8 & 9)

2. O God, I give you thanks for the good gift of your word. Let my heart and mind be still in thanksgiving for this amazing gift. Every good gift, including your word, is a gift to me. I thank you for the wisdom you provide. I give you thanks for your love and mercy towards me. Amen. (Psalm 136)

3. Lord, please open my eyes to the truth of your word. I pray for wisdom as I prepare to read your word, clarity for while I read, and discernment as I apply your word to my heart. Let your word change my actions. I pray the truth I find here will transform my heart and mind to follow more after you. Amen. (James 1:5, 22-25)

4. Dear Heavenly, use your word to convict and correct. Show me in your word how I am falling short. Search my heart. Cleanse me from my sin. Wash me clean with the truth of your Word. Set me on the right path again. (Psalm 139:23-24)

5. Father, Son, and Holy Spirit, holy is your word. Perfect are your ways. Let me be blessed by your word today as I mediate on your precepts. Your promises are true. Your word is faithful. Let me walk in the path of your word today. I pray the words of my mouth come from YOUR truth.. Let my thoughts be governed by YOUR commandments. Please bless this day as I seek to dwell in your word today. (Psalm 119)



5-MINUTE DEVOTIONAL WHAT WE CAN'T SEE



As we look not to the things that are seen but to the things that are unseen. For the things that are seen are transient, but the things that are unseen are eternal."
2 Corinthians 4:18



Paul reminds the Christians in 2 Corinthians 4:18 to focus on the unseen, for those things will last forever! What are these things Paul is talking about? Let's discover at least four unseen things to encourage our hearts.

1. Read 2 Corinthians 5:7 and Hebrews 11:1. What is the thing that is unseen? _____
Our foundation for our lives is not found in something tangible. How can we stand firm when ministry is hard? _____ What does Romans 10:17 and Hebrews 11:6 say about faith? _____

2. Read Romans 8:24-25. What is unseen in this passage? _____ We can live our daily lives because of something in the future. What is the difference between "hoping something will happen" and "knowing something will happen"? _____

Which do we have according to Hebrews 11:1? _____ How is this an encouragement? _____

3. Read 2 Thessalonians 2:16. What did Jesus give us (two things) according to this verse? _____ and _____ Comfort isn't something we can see, but how valuable is it in our lives? _____

How does Jesus give us comfort? _____

4. Read Matthew 25:46 and I John 2:16-17; 25. What is waiting for us at the end of this life? _____ Is this something we can see right now? _____ What does it mean we have eternal life? _____

How does keeping an eternal perspective change your view of your life right now?

Oh Lord, I lift my burdens to you, knowing you hear my cry. You are always listening, and I take great comfort in knowing you will not only listen, but respond. I give you praise for your loving kindnesses and mercy towards me! Amen.



HOW TO STAY *thankful*



WHEN LIFE IS TURNED UPSIDE-DOWN

Read through the verses here, and simply make notes on all God is

Turn each attribute into a prayer of thanksgiving. Keep your list of prayers in your Bible or journal. When life threatens to make you dizzy, pull out your prayers and remember WHO to be thankful to.

Joshua 1:9

Psalms 3:3

Psalms 9:9-10

Psalms 29:3-4

Psalms 100:4-5

John 1:14

John 15:1, 9

James 1:5



Light for the waiting Path

HOW TO WAIT WITH COURAGE AND STRENGTH

Day One: Read Psalm 27:1-3

What word or concept is repeated at least three times in verses 1-3? _____ David is the author of Psalm 27. What does he say he will NOT do, even though the enemy is surrounding him? _____ How is the "LORD" described in these verses? _____

_____ Beca use our LORD, or Yahweh is a Light and salvation, and a stronghold for us, we do not need to fear. What makes you afraid of waiting? _____ Ask the God of light, salvation, and your stronghold to give you courage and confidence today in your waiting.

Day Two: Read Psalm 27:4-6.

What was the "one thing" David wanted to do _____ What will God do when trouble comes? _____ And what is David's response to God's salvation? _____ When waiting seems overwhelming and you feel yourself drowning, how can you turn to God today? _____ Ask God to help you and cover you during your time of waiting.

Day Three: Read Psalm 27:7-10.

Write down what God says for David to do in verse 8: _____ How does David seek God? _____ Who does it seem like abandons us during our times of waiting? _____ Waiting means sometimes people walk away. We feel forgotten, abandoned, and left out. Ask God to help remind you of the truth of verse 10: Who has NOT forsaken you? _____

Day Four: Read Psalm 27:11-14.

What does David ask God to do? _____ What does David believe about God? _____ Who does David say we are to wait on? _____

Write out Psalm 27:14:

Day Five: Read Psalm 27:8, 14. David found courage and strength during his times of waiting because he chose to seek God's face. The phrase "seek His face" simply means these three things: PRAY ~ WORSHIP ~ TRUST When we have prayed to God, worshiped Him, and trusted His words we will find the strength to keep waiting. We also have courage when fears come into our heart. The light for the waiting path is found in these three steps. Which step do you need to take today?

_____ How can you pray, worship, and trust God today? _____





5-MINUTE DEVOTIONAL

A Restful Life



Read Matthew 11:25-28.

What prayer does Jesus pray to God?

What does Jesus ask us to do in verse 28?

How does Jesus describe us?

What does Jesus ask us to do in verse 29?

How does Jesus describe Himself in verse 29?

Compared to the Pharisees' laws, Jesus' burden was light and easy. Matthew 11:25-28 in context was Jesus' response to the religious rulers of that time. They burdened the people with traditions and laws - and no one could possibly do it all. What obligations do you have in your life that are keeping you from finding rest? Are these put on you by a sense of duty or by God? I've said it many times, but if you are too busy for Bible study, you are too busy. Read Psalm 62:1-8.

Rest begins with coming to Jesus - daily.

Write a prayer to God, thanking Him for offering you rest. Ask Him to help you know how to say no to the things keeping you from resting in Him.

DAILY SURRENDER



By the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Romans 12:1

When I was eight years old, I surrendered my life to God, and I asked Jesus to be my Savior. I was baptized later that summer. When I was thirteen, I threw a stick in the fire at camp. Three years later, I surrendered again. As a sixteen-year-old girl, I dreamed about the mission field that God would call me to. Fast forward to my mid-thirties and I find myself still needing to surrender.....

So how do we do this daily surrender? Let's read Romans 12:1-8.

SURRENDER IS.....

A CHOICE.

Romans 12:1-2 says we are to present our bodies a _____. How are we to be "transformed"? By the renewing of our _____. Surrender is a matter of the mind, not just a spiritual "feeling." Surrender is about a constant renewal of the mind.

TO SOMEONE, NOT LOSING YOURSELF.

According to Romans 12:1 who are we to present ourselves to? "Present your bodies as a living sacrifice, holy and acceptable to _____" (ESV). When we surrender, it isn't losing a part of ourselves, it is finding God. I love how Job 11:13 describes surrender. "If you would direct your heart right and spread out your _____ to Him." We are not letting go, but an opening of our hands to receive - GOD!

A WORSHIP SERVICE IN YOUR LIVING ROOM.

How is this sacrifice described? "Present your bodies as a living sacrifice....which is your _____. Some translations say it is our "spiritual worship" or "reasonable worship." Everyday we have a choice to surrender our lives. It is here we find ourselves more surrendered to God. In the everyday matters we can surrender. In the ordinary moments, when no one is watching. No matter where God has placed us, we can surrender as an act of worship to Him.

Little by little; over and over again we give our lives to Jesus. We sometimes have to learn to let go over time. But each day we run into His open arms, we are learning daily surrender. The result of surrender is a life of service. Read Romans 12:3-8. Describe the type of service a surrendered life can have: _____

O Lord, help me learn to daily surrender. Let me surrender myself to you today. I pray I will be more yours as the days go on. Help me run to your love, knowing when I give up myself I am finding abundance in You! Amen.



5-MINUTE DEVOTIONAL

3 Steps for Turning Scripture into Prayer



- 1. Pick Your Passage.** It would be helpful to start by picking a relatively short and familiar passage of the Bible. Don't pick a brand new verse you've never studied. Make sure you understand the context and meaning of the verse. Even if it means reading the context first.
- 2. Read Your Passage.** I would suggest reading over your passage several times, especially aloud. Read the passage in various translations and even paraphrases as well. This will give you ideas for different words you can use in your prayer.
- 3. Pray Your Passage.** Begin like you would a normal prayer. (Dear Father, Dear Jesus, Oh Lord, etc.) If you are writing out your prayer, treat it like writing a letter. Answer the following question: *What command do I see? Ask God for help in obedience. What aspects of God's character are revealed? Praise Him for Who He is. What is God doing? Give Him thanks for His good works. What sin does it reveal in your heart? Confess it in your prayer.*

YOUR TURN!

Psalm 23:1-3

2 Corinthians 12:9-10

Joshua 1:9

James 1:5-8

5-MINUTE DEVOTIONAL

Sample Scriptures to Turn Into Prayer



Proverbs 3:1-4

Proverbs 3:5-8

Romans 8:31-39

Ephesians 1:15-23

Philippians 4:4-7

I Peter 1:3-9

I Peter 4:12-19

Praying THE NAMES OF GOD

No matter what you are facing, write your prayers below.



LORD OF LORDS Deuteronomy 10:17 ~ Psalm 136:3 ~ Revelation 17:14

Redeemer Psalm 19:14 ~ Jeremiah 50:34 Acts 7:35

warrior Joshua 23:10 ~ Exodus 15:3 ~ Jeremiah 20:11

HIGH PRIEST Hebrews 3:1 ~ Hebrews 4:14 ~ Hebrews 9:11



O Almighty King, as we continue to remember your birth, may we look to the future with hope of the promise. You came 2,000 years ago wrapped up to be our sacrificial lamb. You came to die, suffer, and be filled with sorrow. But with the Cross you brought HOPE. Through the pain we see blessing. Through hurt we see Your plan. With this new year, we know hardships are coming. Deep grief may be just around the corner, but we hold on to HOPE. We hold on while the sky is dark to the promise of Light. For You are our Light and You are coming again. While we wait, we know you have not left us alone. The Spirit is here. Not only to guide, teach, and correct - but He comes to comfort. To give us HOPE when our hearts are weary. To give us PEACE when we feel the anxiety. To give us STRENGTH to keep fighting. To give us REST as we lay our burdens down at your feet. Amen.



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When I see, O Lord, the power of your Word, I wonder if I can see the power in my own life? I see the mistakes, and all of the times I walked in the way of the wicked. Forgive me. I have sat down at the table of the ungodly. Your law reveals the path away from evil. Your word is my delight, my satisfaction. I can find no other thing to fill me. Sinful habits, selfish ambitions, unbridled pride all try to fill me up with good things. Like the chaff, the wind blows away the pleasures and I'm left empty. And alone. For God, you see my life when I walk in righteousness. Not because I have to be perfect, but because walking with you makes me righteous. Help me to walk. Help me to meditate. Help me to grow in your instruction. My joy, my fruit, my peace will come from the streams of your living waters.



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Seek His Face

But seek first the kingdom of God and his righteousness, and all these things will be added to you. Matthew 6:33



Before I begin:

Praise

Admit:

Request:

Thank:

During my study:

Praise

Admit:

Request:

Thank:

After my study:

Praise

Admit:

Request:

Thank:

Throne of Grace



Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. Hebrews 4:16

Week of :

Praise

Confession

Requests

Answered Prayer